

Recovery Drop-in Clinics

No appointment necessary

Monday	FASS 17 Tolbooth Street Kirkcaldy KY1 1RW 1.30pm – 4.00pm
	Queen Margaret Hospital (Entry through Minor Injuries) Clinic 5, Whitefield Road Dunfermline KY12 0SU 5.00pm – 8.00pm
Tuesday	Lochgelly Health Centre David Street Lochgelly KY5 9QZ 1.00pm – 4.00pm
Wednesday	Glenrothes YMCA North Street, Glenrothes KY7 5PP 2.00pm – 4.00pm
Thursday	Dunfermline Advice Hub 31 Chapel Street Dunfermline KY12 7AW 1.00pm – 4.00pm
	Linton Lane Centre Linton Lane Kirkcaldy KY2 6LF 1.00pm – 4.00pm

Times and venues can vary – please call
01592 321321 to check

ADAPT Helpline 01592 321321

Anyone wishing help for their alcohol and/or drug problem may telephone for advice, support and assessment of need. Our telephone is available during the times listed below.

Monday	10.00am – 12.30 noon 1.30pm – 4.00pm 5.00pm – 8.00pm
Tuesday	10.00am – 12.30 noon 1.30pm – 4.00pm 5.00pm – 8.00pm
Wednesday	10.00am – 12.30 noon 1.30pm – 4.00pm
Thursday	10.00am – 12.30 noon 1.30pm – 4.00pm 5.00pm – 8.00pm
Friday	10.00am – 12.30 noon 1.30pm – 4.00pm

A telephone answering service operates if we are not available to take your call. Please leave your number and a brief message and we will call back as soon as we can.

Contact ADAPT in confidence

Tel: 01592 321 321
www.fassaction.org.uk

Office:
FASS
17 Tolbooth St
Kirkcaldy
KY1 1RW

ADAPT

Recovery Drop-In Clinic



Problems with alcohol or drugs?
We are here to listen and help...



ADAPT Substance Recovery is provided by  **FASS**
Supporting you one step at a time